

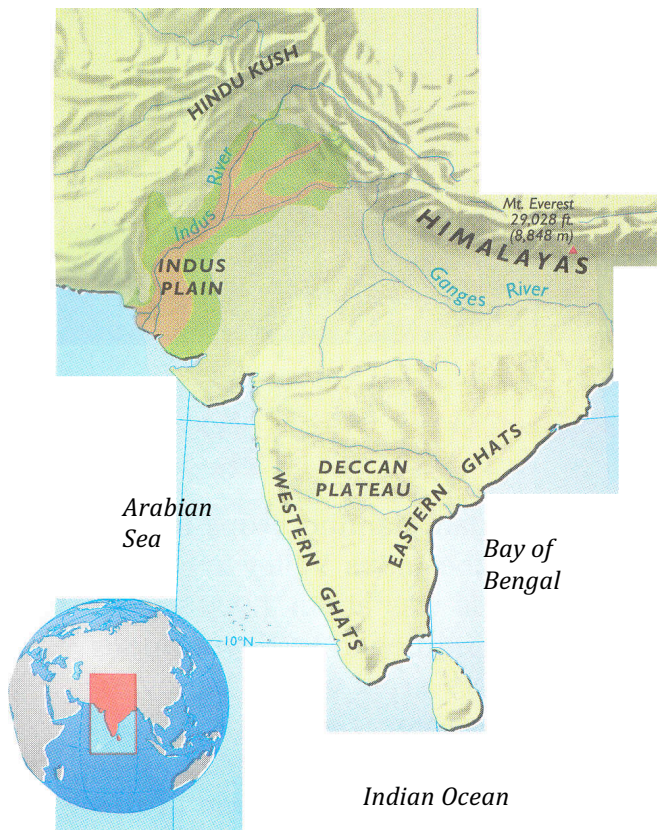
## Ancient India Document-Based Question Document Packet

**Purpose:** Use and analyze the following documents to answer the analysis questions in your student activity packet. Write your answers on your student packet. Be sure to **use complete sentences** for your responses in order to receive credit.

Use the information from the document as well as background information you have learned about Ancient India. **Remember, you want to answer the questions and look at the documents to help you answer the historical question.**

~\*~\*~\*~

### Document #1 – Map of India Subcontinent



#### **Information:**

The Indus River begins as an icy stream high in the world's tallest mountains. These mountains are the Himalayas. This is where Mount Everest stands at 29,028 feet tall. The Himalayas separate the Indian subcontinent from much of Asia. This is where the Indus Plain is (find on the map). During the spring flood season, the enlarged river spills across the plain, spreading fertile silt. The Indus River carries twice as much silt as the Nile River in Egypt. Like the Nile, the Indus branches into a huge delta area before it reaches the sea, providing many waterways.

#### **Question 1:**

What bodies of water surround the Indian subcontinent (present-day country)?

#### **Question 2:**

List two ways that the Indus River provided a rich valley for farmers.

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## Document #2 – Asoka & Buddhism

### **Words to Know**

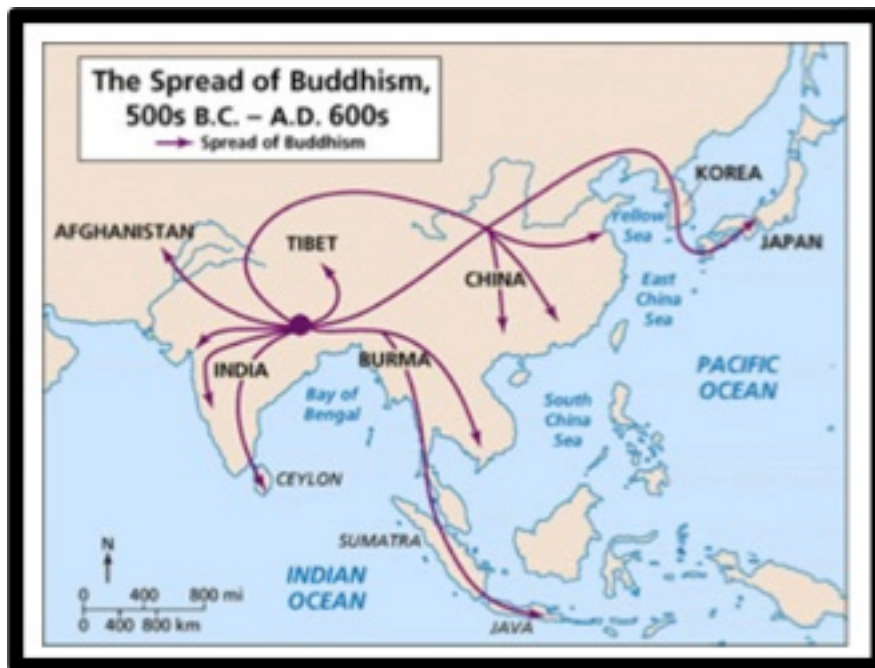
**Asoka** = an Indian emperor of the Maurya Dynasty who ruled almost all of the Indian subcontinent from circa 269 BCE to 232 BCE

**intention** = purpose behind someone's action/behavior

**edict** = an official order or proclamation issued by a person in authority.

"Whoever honors his own [religion] and insults another man's whether from blind loyalty or with the intention of showing his own [religion] in a favorable light, does his own [religion] the greatest possible harm. Acceptance is best, with each hearing and respecting the other's teachings. It is the wish of the [king] that members of all religions should learn from one another and should teach virtue."

–From the Edicts of Asoka (268 B.C.)



### **Question 3:**

What did the Mauryan ruler, Asoka, say about how people from different religions should treat each other?

*\*Mauryan = one of the large empires of ancient India*

### **Question 4:**

Based on the map, what seem to be the effects of Asoka's edicts (laws) on Buddhism throughout Asia?

Document #3 – Empires of Ancient India

	Maurya	Gupta
<b>Dates</b>	321 B.C.–185 B.C.	A.D. 320–550
<b>Location</b>	Northern and southern India	Northern India
<b>Government</b>	<ul style="list-style-type: none"> <li>• Harsh rule</li> <li>• Organized government</li> <li>• Officials collect taxes</li> <li>• Government- owned factories</li> </ul>	<ul style="list-style-type: none"> <li>• Mild rule</li> <li>• Organized government</li> <li>• Villages and cities had power</li> </ul>
<b>Learning</b>	<ul style="list-style-type: none"> <li>• Schools and libraries in capital</li> <li>• Missionaries spread Buddhism</li> </ul>	<ul style="list-style-type: none"> <li>• Golden age of learning</li> <li>• Number system we use today, decimal system</li> <li>• Plastic surgery, vaccines for smallpox</li> <li>• Carvings of gods and animals</li> </ul>

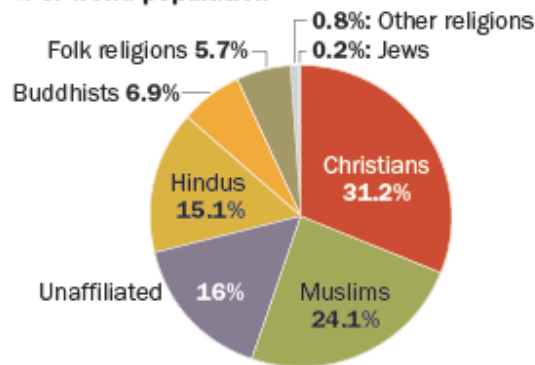
**Question 5:**

What contributions were made in math and science during the Gupta Empire?

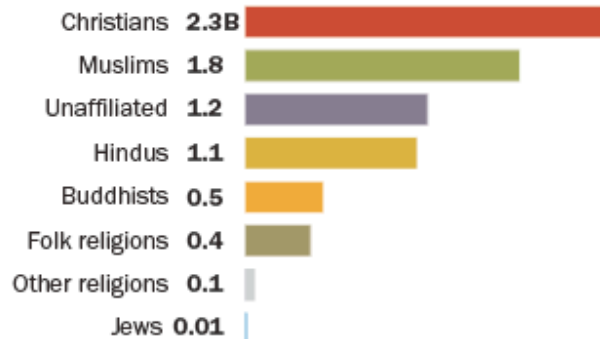
Document #4 – Religion from Ancient India

**Christians are the largest religious group in 2015**

% of world population



Number of people in 2015, in billions



Source: Pew Research Center demographic projections. See Methodology for details.  
 "The Changing Global Religious Landscape"

PEW RESEARCH CENTER

**Question 6:** Examine the pie chart of modern-day religions. Which religious affiliation is the 4<sup>th</sup> largest (most popular) in the world currently? What percentage of the world’s population is estimated to practice that religion?

**Question 7:** What percentage of people in the world today practice Buddhism?

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## Document #5 – Influence on Wellness

Introduction: One way to practice both Hinduism and Buddhism are to preform several styles of yoga to clear one's mind and connect with a god or one's self. Other cultures and civilizations have welcomed this practice into their lives through meditation and physical exercise.



Group-X Room 2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		8:30 AM Tovah SCULPT & TONE				
			9:30 AM Julia YOGA	Coming Soon GROUP CORE	9:30 AM Ivette CARDIO KICK	
10:30 AM Nuntiya SENIOR FIT	10:00 AM Sari groove	10:00 AM Annmarie FIT LITE	10:30 AM Vanessa ZUMBA	10:00 AM Catherine CARDIO KICK	10:30 AM Marianna YOGA	10:00 AM Annmarie PILATES
					11:30 AM Michelle/Brianna ZUMBA	11:00 AM Lisa C. ZUMBA
5:30 PM * Damien SPT KICK BOXING	5:30 PM Ivette RIPPED ABS	5:00 PM Barbara PILATES&BAR		5:00 PM Alexandra PILATES		12:00 PM Marianna HoL YOGA
6:30 PM Sharon YOGA	6:30 PM Ivette CARDIO KICK	6:00 PM Shran SPT	6:30 PM Ivette AWESOME LEGS			
7:30 PM * Tom SPT QI GONG	7:30 PM Lisa B. groove	7:00 PM * Tom SPT QI GONG	7:30 PM Julia YOGA	7:00 PM * Tom SPT QI GONG	<b>KIDZ CLUB HOURS:</b> Mon - Fri: 8:30am - 1:00pm Mon - Thurs: 5:00pm - 9:30pm Fri: 5:00pm - 9:00pm Sat & Sun: 8:00am - 1:00pm	
		8:00 PM Julia POWERS YOGA				

### **Question #8:**

Review this group fitness schedule from No Body Denied, a local gym. Which fitness class is offered more than any other on Thursday?

### **Question #9:**

What Ancient Indian religion(s) does this type of exercise connect to?

**NOW COMPLETE PARTS 2 & 3 IN YOUR STUDENT PACKET!**